



Schedule of Events – Swimming

Saturday 10 October	
Warm up 12pm	
Start 1pm	
Event Number	(enter one only)
1	400m Free
	<i>or</i>
2	400m Back
	<i>or</i>
3	400m Breast
	<i>or</i>
4	400m Fly

Sunday 11 October	
Warm up 12pm	
Start 1pm	
5	200m Breast
6	100m Fly
7	100m Free
8	100m Back
9	200m IM

Monday 12 October	
Warm up 12pm	
Start 1pm	
10	50m Free
11	200m Fly
12	100m Breast
13	50m Back
14	4 x 50m Free Relay Female
15	4 x 50m Free Relay Male
16	4 x 50m Free Relay Mixed

Tuesday 13 October	
Warm up 12pm	
Start 1pm	
17	200m Free
18	50m Fly
19	50m Breast
20	200m Back
21	400m IM
22	4 x 50m Medley Relay Female
23	4 x 50m Medley Relay Male
24	4 x 50m Medley Relay Mixed

Wednesday 14 October		
Warm up 9am		
Start 10am		
25	1500m Free	(no form strokes allowed)